

Indy Car Safety

While race car driving is considered a dangerous sport, there are many rules and regulations to help keep the drivers safe. One of the most important parts of the driver's equipment is clothing. Each driver wears a **balaclava** hood under his helmet. This balaclava is made of Nomex, a fire resistant cloth. Their gloves, socks, shoes, and underwear are made of Nomex also.



The car design also helps protect the driver. There is a **roll bar** behind the seat which protects the **cockpit** in case of a crash. The cockpit is the part of the car where the driver sits. There is extra padding behind the seats and on the steering wheel which also cushions the driver. A metal plate in the nose of the car protects his feet. Of course, the driver always wears a seat belt.



Each car only carries 40 gallons of gasoline. Less fuel means there is less risk of spilling and fire. In case there is a fire in the car, a fire extinguisher will discharge automatically.

